



Oregon Program Autism Training Sites and Support

# Virtual Parent-Caregiver Training Cohorts

*Presented by OrPATS Staff in Collaboration with [Oregon Regional Inclusive Services](#)*

## What/Who:

The parent-caregiver training series provides information and tools for supporting children with autism and other developmental disabilities in the home setting. Each session will cover evidence-based and effective strategies to use during routines at home. All classes in the series use live instruction, demonstration, video, and discussion to present the information. The sessions are designed as a series, but it is not necessary to attend all sessions to benefit. When possible, we encourage parents-caregivers to attend all 4 sessions within the same cohort. Classroom teachers and/or school support staff are also welcomed to attend for collaboration.

**Each session will be 2 hours with approximately 90min of content and 30min of Q & A**

### **Session 1: Identifying Strategies That Work**

This session presents the importance of using evidence-based practices that match a student's strengths and learning style when teaching children with autism and other developmental disabilities. An overview of these strategies is outlined through discussion and video examples.

### **Session 2: Practicing Skills During Functional Routines**

Building independence during routines at home is a great way to practice new skills with your child. This session describes how to break down routines into small steps and practice steps that are difficult. Learn how to embed skill instruction into daily routines and motivate your child to be independent.

### **Session 3: Visualize It: Using Supports Effectively**

This session outlines ways to design structured and predictable environments that support children's independence and learning. Also included: a discussion of visual schedules, visual supports, and environmental arrangement to teach children important skills and routines.

### **Session 4: The Fun Part: Play and Social Skills**

This session discusses how to practice play and social skills at home. Learn how to teach your child sharing, turn taking, and joint attention through natural play opportunities. Discover strategies such as prompting, imitation, cooperative play, and following directions to increase children's play and social skills.

OrPATS Workshops are put on in conjunction with [Oregon Regional Inclusive Services](#)

## Registration Options:

Select whichever cohort works best for you!

Attendance at all sessions is not required!

Appropriate for students in Preschool, Primary & Secondary Grades!

### Cohort #1: 1pm-3pm | [Click here to register!](#)

- Session 1: Tuesday February 15, 2022
- Session 2: Thursday February 17, 2022
- Session 3: Tuesday February 22, 2022
- Session 4: Thursday February 24, 2022

### Cohort #2: 10am-12pm | [Click here to register!](#)

*(Simultaneous Spanish Interpretation Provided for all 4 sessions)*

- Session 1: Monday March 7, 2022
- Session 2: Wednesday March 9, 2022
- Session 3: Monday March 14, 2022
- Session 4: Wednesday March 16, 2022

### Cohort #3: 9am-11am | [Click here to register!](#)

- Session 1: Friday April 8, 2022
- Session 2: Friday April 15, 2022
- Session 3: Friday April 22, 2022
- Session 4: Friday April 29, 2022

*Handouts will be provided via ZOOM chat for all cohorts in both English & Spanish.*

**Questions:** Please contact Darby Lasley at [darby.lasley@orpats.org](mailto:darby.lasley@orpats.org)

*Persons with disabilities or who are in need of additional accommodations in order to attend, please contact [information@orpats.org](mailto:information@orpats.org)*

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